# YOU CAN HELP PREVENT PRESCRIPTION DRUG MISUSE by keeping your medications safe!

**89%** of Missouri college students **did not misuse prescription drugs** 



## **HOW TO KEEP YOUR MEDS SAFE**

#### **Use as Directed**

Taking a higher or more frequent dose than prescribed can be dangerous. If you have concerns about your prescription, talk to your doctor.

#### **Keep Medications on the down-low**

**Don't be ashamed of using medications,** but keeping your medication on the down low can prevent theft and pressure to share.

#### **Store out of Sight**

Store you medications in a locked box or cabinet. You can get a FREE medication locking cap by ordering from rx.missouri.edu under "Med Safety"

#### **Don't Share with Anyone**

Medications prescribed to you are for you alone and can have very dangerous effects on those you share with! It is also illegal to share your medications with others.

### **Properly Dispose**

Take old and unused medications to your local drop-box or take-back event. You can also receive a FREE supply of medication disposal bags and find more information about local resources at rx.missouri.edu under "Resources"

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