



MARYVILLE
UNIVERSITY



Transforming Youth Recovery
One Community, One School, One Student At A Time



<http://pip.missouri.edu>

Revised 12.2015

CRC

**Collegiate
Recovery
Community**

Recovery Goes to College!



MARYVILLE
UNIVERSITY

Office of Personal Counseling
University Library Building
Room 164A
314-529-6533

Who are we?

Maryville University Office of Personal Counseling provides a supportive place for students in recovery from alcohol and other drugs.

Who can participate?

Any Maryville student who has a desire to be in recovery. All are welcome regardless of background, ethnicity, sexuality, gender and recovery status.

Is this a 12-step program?

Maryville CRC is not a 12-Step program, however we are 12-Step friendly. Many of our participants attend and work a 12-Step Program.

How do I get involved?

Call Linda Meyers:

- Personal Counselor
 - Maryville CRC Facilitator
 - (314) 529-6533
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What Does the CRC do?

The Maryville CRC meets weekly in a private space of their own on the main campus. This space is open to participants of the CRC 24/7 for a meeting place, study area and student lounge.

We also have parties to celebrate sobriety dates, plan events, attend sober outside events and participate in advocacy opportunities.

There are no membership requirements. Students can participate in any and all activities of their choosing.

We collaborate with "Allies of Recovery" in shared social events.

Current members help welcome and orient Freshman and Transfer students to sober life at Maryville.

What is the advantage of the CRC for a Student in Recovery?

Safe places to study, hang out with other recovering students, or just relax.

Support from staff, faculty, alumni, and other students in recovery.

Does not take the place of other recovery programs, but rather reinforces and enhances the student's ability to practice their program on campus and with other students.

Provides opportunities for personal growth and accountability with positive peer support.

Additional resources for the recovering student through collaboration with St. Louis Metro-area colleges and Missouri Alliance of Collegiate Recovery Organization (MACRO).

Still wondering if this is for you?

Are you:

- ✓ In a 12-Step or other type of recovery program?
- ✓ Questioning if your use of alcohol/drugs is a problem?
- ✓ Sober by choice?
- ✓ Experiencing other people questioning your use of alcohol and/or drugs?
- ✓ Curious about recovery?

If you answered "yes" to any of these questions, contact us today!

(314) 529-6533

www.maryville.edu/counseling