







## Collegiate Recovery Community

**Recovery Goes to College!** 



University Library Building Room 164A (314) 529-6533



Revised January 2025

#### Who are we?

Maryville University Office of Personal Counseling provides a supportive place for students in recovery from alcohol and other drugs.

#### Who can participate?

Any Maryville student who has a desire to be in recovery. All are welcome regardless of background, ethnicity, sexuality, gender and recovery status.

#### Is this a 12-step program?

Maryville CRC is not a 12-Step program, however we are 12-Step friendly. Many of our participants attend and work a 12-Step Program.

#### How do I get involved?

Call Verne Wilson:

- · Personal Counselor
- · Maryville CRC Facilitator
- $\cdot \,$  (314) 529-9556 or vwilson2@maryville.edu

#### What Does the CRC do?

We have parties to celebrate sobriety dates, plan events, attend sober outside events and participate in advocacy opportunities.

There are no membership requirements. Students can participate in any and all activities of their choosing.

We collaborate with "Allies of Recovery" in shared social events.

Current members help welcome and orient Freshman and Transfer students to sober life at Maryville.

# What is the advantage of the CRC for a Student in Recovery?

**Safe places** to study, hang out with other recovering students, or just relax.

**Support** from staff, faculty, alumni, and other students in recovery.

Does not take the place of other recovery programs, but rather reinforces and enhances the student's ability to practice their program on campus and with other students.

**Provides opportunities** for personal growth and accountability with positive peer support.

Additional resources for the recovering student through collaboration with St. Louis Metro-area colleges and Missouri Alliance of Collegiate Recovery Organization (MACRO).

### Still wondering if this is for you?

#### Are you:

In a 12-Step or other type of recovery program?

Questioning if your use of alcohol/drugs is a problem?

Sober by choice?

Experiencing other people questioning your use of alcohol and/or drugs?

Curious about recovery?

If you answered "yes" to any of these questions, contact us today!

(314) 529-6533 maryville.edu/counseling