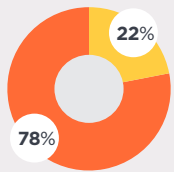


# At a Glance:

## Food Insecurity

Food insecurity is defined as “a household-level economic and social condition of limited or uncertain access to adequate food”<sup>1</sup> by the United States Department of Agriculture.

### Missouri College Students



22% of Missouri college students answered “Sometimes”, “Very often” or “Always” to both of the following questions in the survey and are coded as “facing food insecurity”:

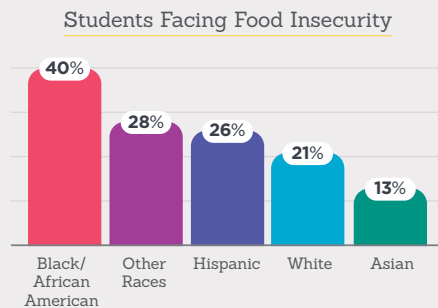
● Facing food insecurity ● Not facing food insecurity

IN THE LAST 30 DAYS...

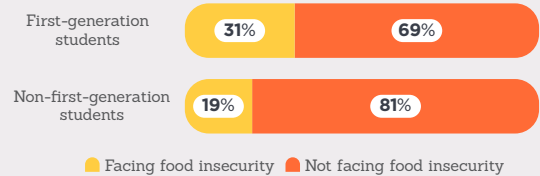
THE FOOD THAT I BOUGHT JUST DID NOT LAST AND I DID NOT HAVE MONEY TO GET MORE. I COULDN'T AFFORD TO EAT BALANCED MEALS.

### Students Facing Food Insecurity

Forty percent (40%) of Black/African American students are facing food insecurity, which is the highest rate among all racial/ethnic groups.

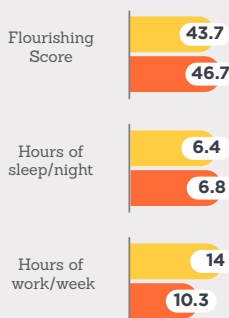


First generation students also have a higher rate of food insecurity than other students.

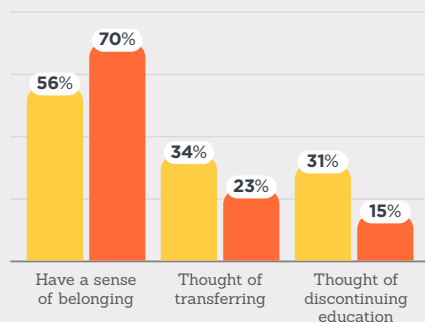


### Food Insecurity vs. Well-being, Retention, and Substance Use

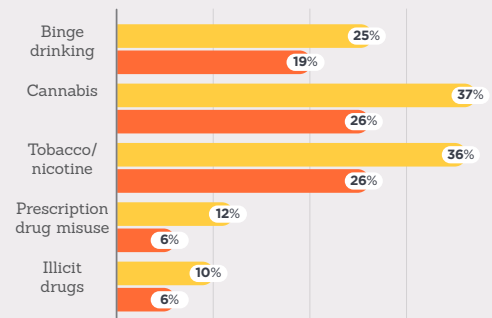
#### Well-Being



#### Retention



#### Substance Use



● Facing food insecurity ● Not facing food insecurity

1. US Department of Agriculture, (2019). Definitions of Food Security. Available online at: <https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/definitions-of-food-security.aspx>