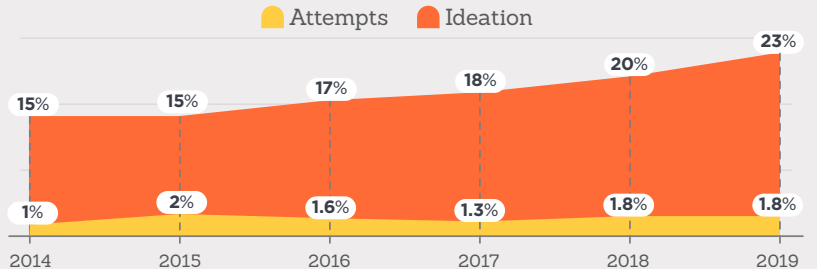


At a Glance:

Suicidal Ideation

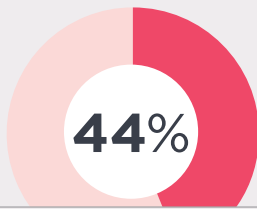
Suicide is the second leading cause of death for youth 18-24¹ and approximately 1,100 college student lives are lost to suicide each year.² This publication will examine Missouri college students' suicidal ideation (thinking about, considering, or planning suicide), attempts, and help-seeking.

Past Year Ideation and Attempts



Since 2014, both suicidal ideation and suicide attempts among Missouri college students have risen.

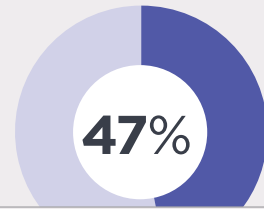
Suicidal Thoughts



44% of students have had thoughts of suicide in their lifetime

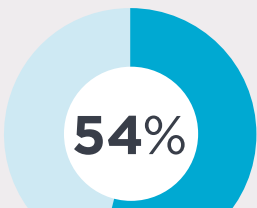


58% of students have not sought assistance for their suicidal thoughts or attempts



47% of students report being concerned about a friend having suicidal thoughts or behaviors

Online Training Programs



54% of students would be interested in completing an online suicide prevention training



48 colleges and universities in the state of Missouri participate in the Ask Listen Refer suicide prevention training program.

Visit asklistenrefer.org to learn more

*All data is "in the past year" except for 44% of students have had thoughts of suicide in their lifetime.

- Centers for Disease Control and Prevention (CDC) WISQARS Leading Causes of Death Reports, 2017
- Schwartz, A. J. (2006). College student suicide in the United States: 1990-1991 through 2003-2004. *Journal of American College Health*, 54(6), 341-352.