

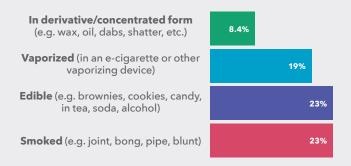
Missouri's higher education substance misuse consortium

## At a Glance: Substance Use - Cannabis

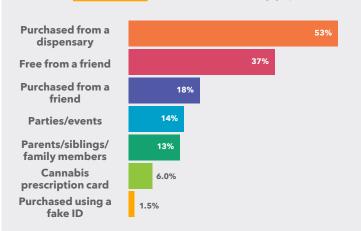
In the past 12 months, how often have you used marijuana/cannabis (including edibles, derivatives, and ALL other types of marijuana/cannabis products)?



When you have used marijuana/cannabis in the past 12 months, how often have you used in the following ways?



## How do you obtain your marijuana/ cannabis? (Check all that apply)



Which of the following are contributing factors to your decision to use marijuana/ cannabis? (Check all that apply)

**To relax** (71%)

To have fun with friends (58%)

To get high/I like how it feels (41%/43%)

To help me sleep (42%)

To help with anxiety and other mental health concerns (40%)

In the past 12 months, how often have you experienced the following as a result of using marijuana/cannabis?

Felt in a fog, sluggish, tired, or dazed the morning after using (53%)

Needed to use more marijuana/cannabis because of an increased tolerance (31%)

Drove after using marijuana/cannabis (29%)

Nearly 40% of students are considering or actively trying to use marijuana/cannabis less often and/or quit.



- I am currently trying to use marijuana/cannabis less often and/or quit (22%)
- I am ready to try to use marijuana/cannabis less frequently and/or quit (4.7%)
- I am thinking about using marijuana/cannabis less and/ or quit (12%)
- I see no need to change my marijuana/cannabis use (59%)
- I prefer not to respond (2.4%)